

# INITIAL GOAL SETTING SHEET

## **Lifetime Goals**

List the goals that you ultimately want to achieve under each of the following categories.

### **Artistic:**

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### **Attitude:**

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### **Career:**

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### **Education:**

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### **Family / Relationships:**

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**Financial:**

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**Physical / Health :**

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**Pleasure:**

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**Public Service / Social:**

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**Spiritual / Emotional**

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**Travel / Adventure:**

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